

Acne Rosacea

- Chronic inflammatory condition characterized by

i) Flushing

ii) Erythema iii) Papule, iv) Pustule

v) Telangiectasiae.

- Usually affects the fair skinned middle aged people.

- Face is affected most.

Pathogenesis → Unknown.

Demodex and Cutaneous vasomotor instability are poorly defined.

Clinical Feature

A/F → Sunlight, heat, alcohol exposure.

LOC → Face (cheek, nose, forehead).

S → Flushing followed by erythema, papule pustule.

D/D: Acne vulgaris (No ↑ sebum or comedone)

SLE, Seborrheic dermatitis, photosensitive dermatitis

Investigation → Not required, For SLE.

Complication

① Rhinophyma (Sebacous gland and soft tissue overgrowth of nose).

② Blepharitis, Conjunctivitis

③ Facial oedema

Management:

- Irritants like strong soaps, and alcohol based cleansers should be avoided.