

Metabolic alkalosis

$\uparrow\uparrow\uparrow \text{HCO}_3^-$ $\downarrow$ > 7.45

Two Causes

1) Loss of H^+ ions

1) Vomiting $\rightarrow$ Acidic loss in stomach (H^+ ions) & HCO_3^- by pancreas in the blood

2) $\uparrow\uparrow\uparrow$ Aldosterone $\rightarrow$ Hypokalemia & Hyponatremia
 $\hookrightarrow \downarrow \text{H}^+$ in and $\uparrow\uparrow\uparrow \text{HCO}_3^-$ in blood.

2) Increase of HCO_3^- ions

1) Loop Diuretics, Thiazide Diuretics.

2) $\uparrow\uparrow$ Absorption by kidneys (Hypokalemia)

$\hookrightarrow$ Renin-Angiotensin & Aldosterone mechanism.
 $\hookrightarrow$ Kidney retain water & HCO_3^- .

3) $\uparrow\uparrow$ Antacids to neutralize stomach acids.

$\hookrightarrow$ So Excrete bicarbonate by pancreas $\rightarrow \uparrow\uparrow\uparrow \text{HCO}_3^-$.

Compensation

① Moving H^+ ions from cell into blood from cells

$\hookrightarrow$ Hypokalemia.

- Not in other acid organic.

② Respiratory system.

$\rightarrow$ Chemoreceptors in carotid & aortic $\rightarrow \uparrow\uparrow \text{pH} \rightarrow$ Respiratory centre in medulla

$\downarrow \downarrow \text{pH} \leftarrow \uparrow\uparrow\uparrow \text{PCO}_2 \leftarrow \downarrow \downarrow$ Minute ventilation $\leftarrow \downarrow \downarrow \text{RR} \& \text{depth}$

③ If not by kidney $\rightarrow$ Excrete more HCO_3^- ions & reabsorb more H^+ ions.

Clinical features - Of Underlying cause

Investigation

- ① $PCO_2 > 45 \text{ mm of Hg}$, - ABG.
- ② Electrolyte $\Rightarrow$ ($\uparrow\uparrow\uparrow HCO_3^-$, Na^+ , Cl^-); $\downarrow K^+$
- ③ ~~ABG~~