

Myasthenia gravis

- Neuromuscular disorder
- Autoimmune disease, affecting the skeletal muscle especially ocular, facial, bulbar.

Pathophysiology

Acetylcholine binds to the muscle membrane receptors

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Antibody against the receptor binds to it

↓
B cells & Complement pathway

↓
Inflammation

↓
Muscle cell destruction

15% of Carcinoma

Muscle specific receptor tyrosine kinase antibodies

↓ inside
Targets muscle cells

↓
Destruction

Clinical Features

- Age - 15 to 50 years
- Sex - Female, predominant, in younger, and older men.
- Fatigable muscle weakness, movements are initially strong but rapidly weaken as muscle work continues.
- Usually person wakes up perfectly and gets weaker in the evening or after exertion.
- The first symptom is usually ptosis or diplopia.
- No sensory loss.

- Difficulty in and weakness in chewing, swallowing, or speaking.
- Depression of eyelids followed by increased reflexed elevation with up gaze (Cogan's lid twitch sign)
- Difficulty in combing the hair or without frequent jerking (Weakness of shoulder muscles).
- Respiratory muscles may be affected causing respiratory failure.

Investigation:

- Screening for other autoimmune disease.
- Antibody against acetylcholine receptor.
- Antibody of muscle specific receptors
- Tyrosine Kinase
- CT Chest / Rule out Thymoma.
- Repetitive Nerve Conduction.
- Tensilon test.

Management

- Goal is to improve the acetylcholine receptor remaining in junction.

Lambert-Eaton myasthenic syndrome

- Occurs due to paraneoplastic, with underline malignancy.